

RESOLVE
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23RD FERTILITY TREATMENT,
DONOR CHOICES
AND ADOPTION
CONFERENCE

SATURDAY, NOVEMBER 5, 2016
8:00AM - 5:00PM

**23RD ANNUAL FERTILITY TREATMENT, DONOR CHOICES
AND ADOPTION CONFERENCE KEYNOTE SPEAKER**

JENNIFER “JAY” PALUMBO
FINDING THE FUNNY

RESOLVE New England is thrilled and grateful to welcome Jennifer “Jay” Palumbo as this year’s featured speaker. Jay is a Writer, Former Stand-Up Comic, Infertility Advocate, the Director of Patient Care at Progyny and a Proud IVF Mom. She is also author of the blog, “The 2 Week Wait”, and many of you likely know her on Twitter as @the2WeekWait.



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8:00AM - 5:00PM

Best Western Royal Plaza Hotel
181 Boston Post Road West
Marlborough, MA 01752

EXPLORE YOUR NEXT STEPS AND GET YOUR QUESTIONS ANSWERED
JOIN US FOR THE LARGEST EDUCATIONAL
CONSUMER INFERTILITY CONFERENCE IN THE COUNTRY
EMPOWER YOUR DECISIONS ON YOUR PATH TO PARENTHOOD

REGISTER ONLINE TODAY AT RESOLVENEWENGLAND.ORG/CONFERENCE

23RD FERTILITY TREATMENT, DONOR CHOICES AND ADOPTION CONFERENCE

SATURDAY, NOVEMBER 5, 2016
8:00AM - 5:00PM

8:00-8:45 AM

Registration & Exhibits Open

8:45-9:30 AM

Keynote Address

9:40-12:30 AM

Sessions A and B

12:30-1:45 PM

Lunch

1:55-3:15 PM

Session C

3:15-3:40 PM

Afternoon Break and Visit Exhibits

3:40-5:00 PM

Session D

REGISTER ONLINE NOW

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Financial scholarships available to cover 50% or 100% of fees from the Lisa Fenn Gordenstein Scholarship Fund.

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CONFERENCE FEES

(INCLUDES BREAKFAST & LUNCH)

RNE Members:

Non-Members:

*\$115 (1 person)

*\$190 (1 person)

*\$175 (2 people)

*\$275 (2 people)

*\$60 (+3rd person)

CEU Credits: *\$35 Processing Fee

Register After Nov. 3, 2016:

*\$30 Late Registration Fee added to all Conference Fees

*Lunch NOT Guaranteed

TREATMENT

ADOPTION

DONOR OPTIONS & SURROGACY

EMOTIONAL HEALTH

COMPLEMENTARY, FINANCIAL & OTHER

SESSION A: 9:40 - 11:00 AM	SESSION B: 11:10 AM - 12:30 PM	SESSION C: 1:55 PM - 3:15 PM	SESSION D: 3:40 PM - 5:00 PM
A-1 INFERTILITY 101 This session will help you understand various aspects of infertility treatment, including the infertility workup; how to interpret results; medications; new treatment options; and how to assess your next steps. Presented by: <i>Jennifer Keller Brown, MD, Northeastern Reproductive Medicine</i> and <i>Christine Skiadas, MD, Fertility and Reproductive Health, Harvard Vanguard Medical Associates</i>	B-1 NAVIGATING A CYCLE: WHAT TO EXPECT & HOW TO MANAGE This workshop walks you through an IVF cycle, including both the typical process and how to manage the unexpected. Presented by: <i>Alison Zimon, MD, Boston IVF</i> and <i>Serene Srouji, MD, Brigham & Women's Hospital</i>	C-1 FAMILY-BUILDING CONSIDERATIONS FOR THE LGBTQ COMMUNITY This session will provide an overview of clinical options available for LGBTQ individuals and couples seeking to become parents, including donor conception and surrogacy. Presented by: <i>Mark Leondires, MD, Medical Director, Reproductive Medicine Associates of Connecticut</i>	D-1 WHY INFERTILITY SHOULDN'T BE UNEXPLAINED Learn the importance of an early, thorough evaluation to enable diagnosis and treatment, as well as review the shortcomings of proceeding with treatments that are unlikely to be successful when the cause of infertility is unknown. Presented by: <i>Ania Kowalik, MD, Medical Director & Founder, Fertility Solutions</i>
A-2 DIMINISHED OVARIAN RESERVE This workshop explains the meaning of diminished ovarian reserve—a frequent finding in women who are undergoing treatment for infertility—including how it is determined, and what treatment options are appropriate for women who have it. Presented by: <i>Samuel Pang, MD, Medical Director, IVF New England</i>	B-2 PREPARING THE WAY FOR EGG DONATION A medical overview of the egg donor process, as well as information about donor screening, coordinating the donor with the recipient, known and anonymous donors, and the use of frozen eggs versus a fresh donor. Presented by: <i>Rachel Ashby, MD, Brigham & Women's Hospital</i>	C-2 JOURNEY THROUGH THE IVF LAB Two experienced IVF Lab Directors will explain—in language all can understand—about how critical decisions are made during the care and development of embryos. The workshop will provide an overview of all that individuals and couples should know about an IVF Lab. Presented by: <i>Catherine Racowsky, PhD and Rebecca Holmes, PhD, HCLD, Brigham and Women's Hospital</i>	D-2 THE GENETICS OF PRE-CONCEPTION PLANNING : A PATIENT'S GUIDE TO UNDERSTANDING THE OPTIONS This workshop will discuss the role of genetics plays in pregnancy planning, introduce and explain genetic screening options available, and empower you to make the best decision as you build your family. Presented by: <i>April O'Connor, MS, LCGC, Lead Genetic Counselor, EvolveGene, LLC</i>
A-3 OVERVIEW OF DOMESTIC INFANT ADOPTION Join two adoption agency directors for an exploration of key themes in domestic adoption. Presenters will cover the home study process, preparation of the adoptive family's profile, options for outreach & matching, open adoption, trans-racial adoption, adoption education, and costs. Presented by: <i>Marla Ruth Allisan, JD, LICSW, Director, AAA Full Circle Adoptions</i> and <i>Betsy Hochberg, LICSW, Director, Adoption Resources</i>	B-3 OVERVIEW OF FOSTER CARE ADOPTION This session will provide an overview of the process of adopting through the foster care system, including how it differs from other types of adoption, requirements of prospective parents, who the waiting children are, and the supports available to families. Presented by: <i>Diane Tomaz, Director of Family Support Services, Massachusetts Adoption Resource Exchange</i>	C-3 AFTER AN BFN After a failed IVF cycle, it can be hard to know what's next. This workshop will include questions you can ask your providers, reasons why cycles may not work, and ideal cycle parameters. Presented by: <i>Rita Sneeringer, MD, Boston IVF</i>	D-3 METHODS TO IMPROVE IVF: INNOVATIONS OR FADS? This thought-provoking discussion regarding the future of IVF will include: simpler initial evaluations, cheaper drug costs, decreased testing and monitoring, automating embryology processes, natural cycles, in vitro maturation, and optimizing implantation. Presented by: <i>John Petrozza, MD, Chief, Vincent Reproductive Medicine & IVF; Director, Massachusetts General Hospital Fertility Center</i>
A-4 YOUR NEXT STEPS: EGG DONATION, ADOPTION, BOTH? When IVF brings disappointments, many people begin to explore other paths to building or expanding their families. This workshop will focus on how and when some choose egg donation, some choose adoption and some head down two paths at once. We will address practical, financial, social and ethical issues and hear from a panel of parents. Presented by: <i>Ellen Glazer, LICSW, Family Building Counselor and Coach, Co-author of "Having Your Baby through Egg Donation" and author of "The Long Awaited Stork"</i>	B-4 OVERVIEW OF INTERNATIONAL ADOPTION An international adoption specialist will provide an in-depth discussion about the process of international adoption and the latest information on the international adoption reforms. Topics will include the factors in choosing a country and the realities of trans-racial and trans-cultural adoptions. Presented by: <i>Ava Sarafan, LICSW, Wide Horizons for Children</i>	C-4 GET YOUR ADOPTION QUESTIONS ANSWERED Explore key themes in domestic adoption with experienced adoption professionals and adoptive parents. Topics will include the home study process, preparation of the adoptive family's profile, open adoption, and trans-racial adoption. Presented by: <i>Dale Eldridge, LICSW, BCD and Raquel Woodard, LICSW, BCD</i>	D-4 ADOPTIVE PARENTS PANEL Adoptive parents share their stories, including how they made decisions along the way and advice they feel is important to share with others. Moderated by: <i>Elizabeth Donalds, Psy.D. Private Practice</i>
A-5 SURROGACY: PRACTICE AND LEGAL MATTERS This workshop provides an overview on how to locate a suitable gestational carrier, the differences between traditional surrogacy and gestational surrogacy and the financial issues including insurance coverage and legal issues. Presented by: <i>Victoria T. Ferrara, Principal, Ferrara Hayden PC</i> and <i>Robert Nichols, Esq., President, Center for Surrogacy & Egg Donation</i>	B-5 DONOR SPERM: THE REAL STORY Donor sperm insemination can be a viable option for couples where IVF/ICSI may not be possible, as well as for single women and same sex couples. This workshop details the donor selection and screening process, and legal considerations with use of both anonymous and known sperm donors. Presented by: <i>Eric Kendall, Clinic Liaison, Seattle Sperm Bank</i>	C-5 EGG DONATION: PRACTICE AND LEGAL ISSUES This workshop provides an overview on how to locate a suitable egg donor, how the process works, and potential legal and financial issues. Presented by: <i>Christine Hanisco, Esq., The Stein Law Firm, PLLC</i> and <i>Julie Richardson-Paige, Tiny Treasures, LLC</i>	D-5 DONOR & SURROGACY PARENTS PANEL A panel of parents who built their families through donor conception and/or surrogacy will share their experiences and answer questions. Moderated by: <i>Gina-Marie Madow, Esq., Circle Egg Donation and Circle Surrogacy</i>
A-6 OVERVIEW OF EGG DONATION Learn about the egg donation process from donor conception professionals, with ample time for questions and discussion. Presented by: <i>Sanford Benardo, Esq., Northeast Assisted Fertility Group, Inc</i> and <i>Amy Altman, Esq., Altman & Cook, LLC</i>	B-6 SURROGACY FROM DIFFERENT PERSPECTIVES Explore key themes in surrogacy from various angles, including emotional, legal, as well as the perspectives of a gestational carrier and intended parent. Presented by: <i>Kurt Hughes, Esq., Murdoch, Hughes & Tawrog; Elliott Kronenfeld, LICSW, CST and Jes Stumpf, Vermont Surrogacy Network</i>	C-6 ACUPUNCTURE: UNDERSTANDING ITS ROLE IN ENHANCING FERTILITY OUTCOMES This workshop will highlight how acupuncture can complement infertility treatments, mechanisms by which it works to improve outcomes, what to expect from acupuncture sessions, as well as a variety of ways to naturally support fertility. Presented by: <i>Erin Walker, Lic. Ac. MAOM, Boston Integrated Health</i>	D-6 SURROGACY AND DONOR CONCEPTION: PSYCHOLOGICAL ASPECTS AND DISCLOSURE This workshop discusses the emotional and ethical issues for men and women, secrecy vs. privacy and also deciding how and when to talk with your child and others about donor egg, donor sperm and surrogacy. Presented by: <i>Nancy Docktor, RNCS, Private Practice</i>
A-7 "DON'T TELL ME TO JUST RELAX": EFFECTIVELY REDUCING STRESS DURING INFERTILITY In this session participants will learn how to take back control of their minds and bodies, i.e., to begin to feel the way you were before infertility. Skills acquired include physical (relaxation training, nutrition, exercise recommendations) as well as emotional (how to deal with the pregnancies of others, how to feel less isolated). Presented by: <i>Alice Domar, PhD, Founder/ Director, Domar Center for Mind/Body Health, Boston IVF</i>	B-7 NOURISH YOUR FERTILITY This session will explore various ways to optimize your fertility and overall wellness through healthy nutrition, emotional support, and self care. As a Certified Health Coach and former fertility patient, Ami will share advice and looks forward to answering your questions. Presented by: <i>Ami Chokshi, Center for Advanced Reproductive Services</i>	C-7 INFERTILITY AND YOUR RELATIONSHIP: HOW TO STAY CONNECTED This session addresses the difficulties that couples may face when dealing with infertility, along with guidance about how to communicate more effectively and how to maintain connection during difficult situations. Presented by: <i>Kristy Koser, MA, LPC, LPCC, Certified EFT Couples Therapist, creator of TTC Greeting Cards, owner of Aporia Counseling & Psychotherapy, PLLC</i>	D-7 HOW TO THRIVE DURING INFERTILITY Infertility can be one of the most stressful experiences of your life. In this experiential workshop, learn about and try out some tools that can help you thrive during this challenging time instead of simply surviving. It is possible! Presented by: <i>Lisa Rosenthal, Patient Advocate and Blog Writer & Editor in-Chief at Reproductive Medicine Associates of Connecticut, and Founder of Fertile Yoga.</i>
A-8 FINANCING IVF, ADOPTION, AND DONOR CONCEPTION One of the biggest challenges of struggling to build your family can be the financial implications. This workshop will compare IVF, adoption, and donor conception from a financial perspective and help participants learn about the costs of different family building options. Presented by: <i>Jennifer Adams, CFP®, Aspire Wealth Management</i>	B-8 WHEN IS ENOUGH ENOUGH? DECIDING WHEN TO STOP TREATMENT This workshop covers a consideration of the medical and emotional factors that help in deciding when to end infertility treatment and move on. Presented by: <i>Merle Bombardieri, LICSW, Private Practice</i> and <i>Carol Anania, MD, Partner & Founder, Fertility Solutions</i>	C-8 APHRODITE, SHAME AND THE WANDERING WOMB This session explores ancient fertility practices and beliefs, as well as the roots of shame surrounding infertility and the value of storytelling as a means of navigating the journey. Presented by: <i>Anne Belden, MS, PCC, Fertility, Adoption and Transitions Coach</i>	D-8 PUTTING THE PIECES TOGETHER Led by both a professional and a peer, this session will provide a safe and welcoming environment to process the emotions and information of the day. This will be part discussion and part hands-on expression through art - and all a great chance to regroup and take some time for YOU! Presented by <i>Elena Clamen, LMHC, Expressive Art Therapist</i> and <i>Barbara Luciano</i>
B-9 OVERWHELMED & SAD? CREATE EVERY DAY CERTAINTY Learn how to create certainty and a clear vision while dealing with the emotional, physical and spiritual journey to build your family. Presented by: <i>Kristen Darcy, coach, motivational speaker, and author of "Love and Infertility"</i>		C-9 PREGNANCY LOSS: EMOTIONAL ISSUES AND COPING STRATEGIES This workshop is for individuals who have experienced a pregnancy loss and those who want to learn how to best support someone who has had a miscarriage. Discussion focuses on coping strategies, how miscarriage affects men, cycling after a miscarriage, recurrent pregnancy loss and pregnancy after miscarriage. Presented by: <i>Jennifer Burbridge, PhD, Massachusetts General Hospital and Private Practice</i>	

LUNCHTIME TOPIC TABLES - 12:30-1:45 PM

During lunch, tables will be set aside for informal discussion groups on various topics, including General Infertility, Secondary Infertility, Male Infertility, Pregnancy Loss, Surviving the Two-Week Wait, Thinking about Adoption, and Thinking about Donor Conception/Surrogacy. Make connections and find support knowing that everyone at these tables can relate to you and your journey. Lunch topic tables are entirely optional and there will be plenty of non-topic tables available for those who do not wish to participate.

NEW THIS YEAR!

Man Cave: available all day just for the guys!



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Center for Infertility and Reproductive Surgery







OVER 25 EXHIBITORS!



EXHIBIT HALL OPEN ALL DAY